

WAICU BIOMETRICS SCREENING RESULTS FORM



Use this form to record your physician biometric screening results and enter them online.

As a benefit to you and your coworkers, WAICU Benefits Consortium has implemented a Wellness Program. One step of this program is to complete your biometric screening and submit your results to MyQHealth Care Coordinators.

FILL IN YOUR BIOMETRIC INFORMATION BELOW:

Your Name: _____ Screening Date: _____

Height: _____ Weight: _____

Blood Pressure: _____ BMI: _____

Total Cholesterol: _____ HDL: _____

LDL: _____ Total Cholesterol/HDL Ratio: _____

Glucose or A1C: _____

Triglycerides: _____

Physician Name: _____ Physician Phone: _____

Next, go to wbchealthplan.com, click **Your Incentive Checklist**, and enter your biometrics results. Once submitted, please be sure to review which activities you still need to complete.

MyQHealth

Get help with your healthcare
with just a TAP, CLICK or CALL

866-790-4425

(Monday – Friday, 8:30 a.m. – 10:00 p.m. EST)

wbchealthplan.com

Download our app
MyQHealth – Care Coordinators